## **NEW REFERRAL TEST**



Notification Date: October 8, 2024 Effective Date: November 7, 2024

# Growth Hormone Releasing Hormone (GH-RH, also known as GHRF or GRF)

**Explanation:** The following new orderable, referred to Inter Science Institute, will be available on November 7, 2024.

Test ID: FGHRH

#### Methods:

Direct Enzyme Immunoassay (EIA)

#### **Reference Values:**

5 - 18 pg/mL

#### **Specimen Requirements:**

Patient preparation: Patient should not be on any medications that may influence pituitary secretion.

Specimen Type: Serum Collection Container/Tube:

**Preferred:** Red top **Acceptable:** SST

Submission Container/Tube: Plastic vial

Specimen Volume: 3 mL Collection Instructions:

- 1. Draw blood in a plain, red-top tube(s), serum-gel tube(s) is acceptable.
- 2. Centrifuge and aliquot 3 mL of serum into a plastic vial.
- 3. Send frozen.

Minimum Volume: 1 mL

## **Specimen Stability Information:**

Specimen Type	Temperature	Time
Serum	Frozen	180 days

Fee:	CPT Code:	
\$245.00	83520	

Day(s) Setup: Monday through Friday Report Available: 12 to 14 days

## Questions

Contact MCL Referrals Supervisor Amy Bluhm at 800-533-1710.